

Inspired Life  
Counseling  
Referral Fax

Jessica Wilkerson, MA, LMFT 104464  
Licensed Marriage and Family Therapist

Terra Forristel, MSW, ASW 83108  
Associate Clinical Social Worker

Two types of session options available:  
HIPAA Secure Telehealth Video Sessions  
In-Office, Face-to-Face Sessions

**TO:** Inspired Life Counseling  
**FAX:** (530) 433-5272  
**PHONE:** (530) 230-9086

**FROM:**  
**FAX:**  
**PHONE:**  
**DATE:**

**SUBJECT:** Patient Referral

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*\*Note: Inspired Life Counseling is not equipped for crisis management. If patient is in crisis and needs immediate attention please refer them to the nearest emergency room, Butte County Behavioral Health, or call 911.*

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Patient Name: \_\_\_\_\_

Patient email: \_\_\_\_\_

Patient phone: \_\_\_\_\_ cell landline

Referring medical provider: \_\_\_\_\_

Has patient been made aware that we are out-of-network providers for private insurance? Y N N/A

Is patient part of Anthem Blue Cross Medi-Cal or California Health and Wellness? If so, circle one.

Reason for referral:

EMDR · Brainspotting · EFT Couples · Depression · Anxiety · PTSD · Grief · Teens · Adults · Individuals

📍 468 Manzanita Ave, Ste 6 & 7, Chico CA 95926

☎ (530) 230-9086

✉ info@inspiredlifechico.com